

Seeds of Wonder

1. Invocation: Hanna Prayed ©2003

Va'titpallel Hanna va'tomar alatz libi ba'Shekhina

And Hanna prayed, "My heart rejoices in the One."

2. Ashrey ©2006 Psalm 84:5 for Matia and David

a. Ashrey yoshvey veytekha od yehal'lelukha selah

b. Joyous!! Dwelling in the One. Home is in my heart.

3. Planting Seeds ©2002

With my hands, I plant a seed,
With tenderness and care I watch it grow.
I do not know what will be
But I have faith in the wisdom of the seed.
Angels are blessing everything that grows -
In sunshine, rainfall, and when the wind blows.
(With my words, love, dreams, joy, song...)

4. Shabbat Blessing ©2001 Genesis 49:20 (boys' verse)

For my children and their children's children

T'simekh Shekhina k'Sarah, Rivka, Leah, v'Rahel

May you be blessed with love, wisdom, courage, joy, and peace

May you receive the wisdom of the mothers - Sarah, Rebecca, Leah, and Rachel

Y'simkha Elohim k'Efraim v'kh'Menasheh

May you be blessed with love, wisdom, courage, joy, and peace

May you receive the peace of the brothers - Efraim and Menasheh

5. Mi Khamokha ©2003 Exodus 15:11

a. Mi khamokha ba'eylim YaH

Mi kamokha ne'dar ba'kodesh

Who is like You among all the faces of holiness?

b. Norah tehilot oseh feleh

Awe-filled praise creates wonder

c. YaH yimlokh l'olam va'ed

G!d's Presence permeates timeless space

6. Havdalah ©2006 Isaiah 12:2

Hiney El yeshu'ati evtakh v'lo efnad

Ki ozi v'zimrat YaH Adonai va'yehi li lishu'a

Here, in every place, You are my Song and Saving Grace.

I dip into the well of joy and trust.

I call on You to fill this space and bless me, that I might taste

Your Presence in a world that's kind and just.

7. Ahavah Rabbah ©2006 *for Julie Leavitt*

Intention before Shaharit/Morning Shema

a. Ah, aha, ahavah rabbah

b. Ahavah rabbah a'havtanu YaH Eloheynu

Hemla g'dola viy'teyra hamalta aleynu

c. Abounding love and compassion we receive from You

Abounding love and compassion we reflect to You.

8. Ani L'dodi ©2000 Song of Songs 6:3 *for Daniel*

Ani l'dodi v'dodi li

I am to my Beloved as my Beloved is to me.

I open my heart when the river meets the sea.

An ocean of love are we.

9. Hashkiveynu ©2003 *from Ma'ariv/Evening Service*

a. Hashkiveynu YaH Eloheynu l'shalom

b. Uf'ros aleynu sukkat sh'lomekha

Gently tuck us in at night, dear G!d and spread over us your Sukkah of Peace.

10. The Book of Life ©2005 *from High Holy Day Liturgy*

I inscribe myself and all I know in the Book of Life and Peace. 2x

I choose love when the darkness descends.

I choose faith to face the fear.

I place myself in the flow of blessing

And open my heart to hear You call...

Sing with G!d, Dance with G!d, Be with G!d in all you do.

Talk with G!d, Work with G!d, and G!d will Be with you.

11. Kaveh el YaH ©2004 Psalm 27:14

a. Kaveh el YaH hazak v'ya'amez libekha

b. Kaveh el YaH

c. Hazak v'ya'amez libekha

Immerse yourself in G!d. Be strong and brave in your heart.

12. Ruth's Song ©2001 Ruth 1:16

for Ruth Morton z"l, beloved mentor and friend

El asher telkhi eylekh u'va'asher talini alin

Amekh ami vey'lohayikh Elohai

Where you go, I will follow. Where you sleep, I will rest too.

Your people are my people. And your G!d my Source of Truth.

13. Maybe ©2003

Maybe there will be a next time. Maybe we will meet again.
May the love of life sustain you and protect you until then.
Precious moments, spacious breath,
Wondrous being, birth through death.

14. Adonai Natan ©2001 Job 1:21

Adonai natan vA'donai lakakh yehi shem Adonai m'vorakh
G!d gave and G!d took away, blessed be G!d's Name.

15. Carry Me ©2006 *for Rabbi Nomi Oren-Lis z"l*

Carry me to the other side.
The water's deep and high and wide.
I cannot go through this alone.
Please carry me and bring me home.

It's been a long and tiring road
And on my back is a heavy load.
Now it's time to let it go
And step with faith into the unknown.

Who is like the Holy One?
Awesome Power, Thy will be done.
Mother/Father, hold me near.
I'll sing your praises through this fear.

You have been here since life began.
Through time and space, it's been Your Hand
That guided us through the darkest night
And brought us back in to the Light.