

## Awaken, Arise!

### 1. **Awaken, Arise!** ©2000 Isaiah 51:17 and 60:1 *for Madelyn*

Awaken, Arise to the wholeness of your being.

Awaken, Arise to the beauty of your soul.

**Hitor'ri hit'or'ri ki va orekh**

**Kumi Ori**

*Wake up, wake up, for your light is coming. Arise my light!*

### 2. **Mah Tov** ©2001 Numbers 24:5

**Mah tovu ohalekha Ya'akov mishk'notekha Yis'rael**

Blessings flow into the world from the Source of Life.

Be a vessel for the lovesong of God

### 3. **Nigun** ©2000

*There's a message concealed in the intro to this nigun. It was too low for me to sing, but the words are, "There's always enough, my child, when you share, love fills the emptiness in your heart."*

### 4. **HaMakom Yinahem** ©2000 *A prayer to comfort mourners*

**HaMakom yinahem etkhem**

**B'tokh sh'ar aveyley Tziyon viY'rushalayim**

May the One who dwells in every place

Comfort you and bring you peace among all those who mourn

### 5. **Ata Hor'eyta** ©2000 Deuteronomy 4:35

**Ata hor'eyta lada'at ki YaH hu haElohim**

**Ayn ode, ayn ode, ayn ode milvado**

*You have been made to see, to know that God permeates all of existence.*

*There is nothing else*

**6. B'yado** ©2000 *Last verse of Adon Olam*

**B'yado afkid ruhi b'eyt ishan v'a'irah**  
**V'im ruhi g'viyati Adonai li v'lo ira**

Into Your hand, I trust my soul.  
Night and day, Your light is near.  
All that I am is one with You.  
I'm not alone, I shall not fear.

**7. Shiviti YaH** ©2000 Psalm 16:8

**Shiviti YaH l'negdi tamid**  
**Panim el panim** Face to face I embrace You in all things and all places.

**9. Gomel Blessing** ©1999 *A prayer after surviving a dangerous ordeal*

*Individual*

**Barukh ata YaH sheg'malani kol tov**  
Humbly I stand before You today, blessed with the gift of life.

*Community response to a woman:*

**Mi sheg'malekh kol tov yigm'leych kol tov selah**  
May the Gracious One who heard your prayers, guide your steps in peace.

*Community response to a man:*

**Mi sheg'malkha kol tov yigmalkha kol tov selah.**  
May the Gracious One who heard your prayers, guide your steps in peace.

**9. Please, God** ©2000 Numbers 12:13 *for Nathan*

**El na refah na la 3x refah na la. El na refah na lo 3x refah na lo.**  
Please, God heal her. Please, God heal him.  
Please, God heal us Body, Heart, Mind and Soul.

**10. Mikolot Mayim** ©2000 Psalm 93:4,3 *for Noah*

**Mikolot mayim rabim  
Adirim mishb'rey yam  
Adir bamarom YaH**

**Nas'u n'harot YaH  
Nas'u n'harot kolam  
Yis'u n'harot dakhyam**

*Greater than the sound of many waters  
More exalted than the breakers of the sea  
Raised up on high are You, YaH*

*The rivers rise up, YaH,  
The rivers rise with a roaring sound,  
The rivers rise with raging waves.*

**11. V'atem Hadveykim** ©2000 Deuteronomy 4:4

**V'atem hadveykim b'YaH eloheykhem hayyim kulkhem hayom  
Hayyim kulkhem hayom**  
*You who yearn to be one with God are renewed in life each day.*

**12. Bless Who You Are** ©1998 *for Deb*

I am the child, yearning for love  
I am the mother, so full of dreams for you  
I am the angel, guarding your way  
I am the voice of truth within you saying

Walk in the light of love  
Dance through the darkest times  
Reach out to those in need  
Bless who you are